

After you have a scheduled date for cardiac catheterization, you may need to be admitted to the Cardiac units at Bhumisiri Building for patient preparation before the procedure. You are mostly required to shortly stay on that floor after the procedure as well. The Cardiac Units consist of CICU (cardiac intensive care unit), ICCU (intermediate cardiac care unit) , and CCU located on 4 th floor, Bhumisiri building.

What to bring:



- Soap
- Powder
- Toothpaste and Toothbrush
- Comb
- Tissue Paper
- Shampoo
- Pampers (Especially for elderly, handicap, or dependent patients)

Bathrooms: Shared bathrooms. Towels will be provided.

Visit Time:

- a. Monday-Friday 12.00 – 18.00 5-10 minutes/visit allowed, 2-3 persons / visit
- b. Holiday 12.00 – 18.00 5-10 minutes/visit allowed, 2-3 persons / visit

What to expect after interventions:

- **Common Discomforts :**

- 1.You may have a small plastic tube, redundant elastic bandage, and/or sand bag over your groin in case that you underwent cardiac catheterization and percutaneous intervention. You are not allowed to bend your groin/thigh or sit until the plastic tube is removed. The physician will remove your plastic tube when the appropriate time commenced. After plastic tube removal, you are required to lie in bed without bending the groin for at least 3-4 hours.
- 2.You may need to have the toilet on your patient bed due to restriction of bending groin for the period of time that physician allows.
- 3.You may be covered with an elastic bandage over your arm and shoulder in case that you underwent pacemaker implant. You are also restricted not to move arm for at least 3 days or the time physician allows.

- **Food and Drink** You are not allowed to eat or drink until the physician allows to do so

- **Complications**

Cardiac Catheterization complications may include vessels tear requiring surgery, contrast allergy, infection and or bleeding at catheter site, or kidney failure. Death is rare.

- **Pain Control** You are expected to have no or minimal pain over your groin from the intervention. However, the health care team will provide you pain killing medication when you

have pain.

